

FAINTING

1. Lay the person flat or have him/her sit in a chair with head lower than knees. Loosen restrictive clothing.
2. Keep the person warm and try to determine if any injury has occurred from falling.
3. A person who has fainted should not be sent away without further evaluation.
4. Call the College Nurse X4270, or Security X4199 for assistance.

UNCONSCIOUSNESS

1. Check first to see if person is unconscious. Tap the person's shoulder and say "Are you OK?"
2. If unconscious, tip head back and lift jaw to open airway, check mouth for foreign object or vomitus. Sweep mouth with finger to clear.
3. Check for breathing and pulse.
4. If the person is not breathing and does not have a pulse, start rescue breathing or CPR immediately. Flip to section on HEART ATTACK/STOPPAGE OF BREATHING.
5. Do not move or leave person unattended.
6. Have someone call 9-911
7. Call Security X4199 and College Nurse X4270

HEAD INJURY

1. If unconscious, convulsions, or discharge of blood or fluids from ears occurs, do not move the person.
2. Call 9-911
3. If the person has severe headache, visual changes, nausea and/or vomiting, incoherence, or dazed appearance, do not move and do not give fluid,
4. Call Health Center X 4270 for assistance. If nurse is unavailable, follow procedures for REPORTING EMERGENCIES.

MINOR BLOWS TO HEAD

1. Allow person to rest and apply ice to affected area.
2. Observe person for changes in orientation-ask for date, time, location.
3. Call College Nurse X4270 for assistance.
4. If no assistance is available, and above symptoms do not appear, advise person to seek medical help if delayed symptoms occur.

FAINTING / UNCONSCIOUSNESS / HEAD INJURIES

