

DIABETIC EMERGENCIES;

In the case of a known diabetic, if you observe the following symptoms, the person's blood sugar is:

Too Low – Insulin Shock

- Unconscious
- Confusion
- Drowsiness
- Irritability
- Weakness
- Pale, moist skin
- Intense hunger
- Headache
- Rapid breathing

Too High – Ketoacidosis

- Nausea
- Excessive thirst
- Confusion
- Frequent urination
- Extreme weakness
- Abdominal pain
- Hot dry skin
- Headache

If blood sugar is low:

- Give him/her a glass of orange juice, some sugar, or one tube or three tablets of oral glucose.
- Call the College Nurse (x4270).
- If the person does not appear alert and responsive within 15 minutes, give more sugar.
- If the College Nurse is not available, follow procedures for **REPORTING EMERGENCIES**.

If the diabetic person is unconscious, immediately call 9-911. Follow procedures for **LIFE THREATENING EMERGENCIES**.

If available - Glucose Gel can be rapidly absorbed between the cheek and jaw if victim is unable to swallow.

If available - test blood sugar using a glucometer. Glucose should be above 70

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