

BURNS – For extensive burns call 9-911 immediately

- 1. Immediately immerse burned area in cold water for 15 minutes as long as there is no open skin and/or blisters.**
- 2. For severe or deep burns with open skin and/or blisters, cover with sterile (if possible) gauze dressing. Do not open blisters.**
- 3. Chemical burns: With gloves on or using paper towels, brush away powder. Do not rub skin.**
- 4. Flush immediately with large quantities of water for 15-20 minutes - longer if substance is alkaline.**
- 5. Refer to Health Services X 4270 for evaluation, treatment and referral, as necessary.**

CUTS

- 1. Do not come into contact with blood unless you are protected.**
- 2. Clean superficial cuts with soap, and water and apply Band-Aid.**
- 3. Deep cuts should be treated as follows:**
 - Apply pressure over wound with clean cloth or sterile gauze until bleeding stops. At least 5-10 minutes.**
 - Apply additional dressing and bandage snugly if bleeding through**
 - Elevate injured area and do not remove dressing.**
- 4. Refer to Health Center X4270 for assessment, additional treatment and medical referral if necessary.**

NOSEBLEEDS

- 1. Do not come into contact with blood unless you are protected.**
- 2. Keep person quiet and sitting upright with head bent slightly forward.**
- 3. Assist person to pinch nostrils just below the bridge of the nose, maintain pressure until bleeding stops**
- 4. Cold compresses may be applied to face, nose or neck.**
- 5. Refer to Health Center if bleeding does not stop in 10 minutes, or is injury related.**

PUNCTURE WOUNDS

- 1. Do not come into contact with blood unless you are protected**
- 2. Allow wound to bleed freely.**
- 3. Wash wound with soap and water.**
- 4. Apply sterile gauze dressing.**
- 5. If object is embedded, do not remove.**
- 6. Animal bites are treated as puncture wounds but must be reported to animal control.**
- 7. Attempt to identify location, owner, and vaccination status of the animal.**
- 8. Refer to Health Center X 4270 for further evaluation, treatment and referral.**

INSECT BITES

- 1. If bee sting, remove stinger, if possible, by flicking off with finger, or object like a credit card.**
- 2. Apply cold compresses.**
- 3. Observe person and accompany to Health Center for evaluation. X4270.**
- 4. If hives, rapid swelling around eyes or mouth, or difficulty breathing occurs:**
 - Administer medication for allergic reactions if prescribed for that individual.**
 - Call 9-911. Follow directions for REPORTING OF EMERGENCIES.**
 - Administer CPR if indicated.**
 - Keep affected area below level of the heart.**

BURNS / CUTS / PUNCTURE WOUNDS / INSECT BITES