

Associate Degrees for Transfer (ADT) are designed to provide students a clear pathway to a CSU major and baccalaureate degree. Students may choose to complete the Associate in Arts for Transfer Degree (AA-T) or Associate in Science for Transfer Degree (AS-T).

What are the benefits for students earning an AA-T Kinesiology degree?

- Guaranteed admission with junior standing to the CSU system, but not a particular campus or major.
- Priority admissions consideration to a local CSU campus or to a program that is deemed *similar* to your community college major (this priority does not guarantee admissions to specific majors or campuses).

Priority admissions consideration takes into account many factors, including your major, major concentration, transfer campus, local campus (where you completed the majority of your units).

- Required to complete no more than 60 units after transfer to earn a bachelor's degree.

Please Note: If your major is NOT similar at your intended campus:

- You may not need the courses outlined on the back of this handout.
- You may need to take additional coursework not listed here.
- You may need to take different courses than those required for this major.
- Consult with a Skyline College Counselor for further information.

Who may NOT benefit from earning this degree?

This degree may not be the best option if you are intending to transfer to a particular college or university that is NOT part of the CSU system.

Consult with a Skyline College counselor for further information about university admissions and transfer requirements.

Is the Kinesiology major similar at my desired campus?

CSU campuses consider a degree as “similar” when the respective campus has determined that a student can complete the general education and major requirements for the degree in 60 units after transfer.

For majors with concentrations (ex. Business Administration with a concentration in Accounting) the combination of the major and the concentration must be approved as “similar” to be eligible for priority admissions consideration. Please consult with your Skyline Counselor.

To determine if your degree is similar visit:

<http://www.calstate.edu/transfer/adt-search/search.shtml>
Select the Associate Degree for Transfer (ADT) major and desired campus.

Who will benefit most from earning an AA-T Degree in Kinesiology?

This degree is primarily for students who are interested in transferring to a California State University (CSU) campus with a major in **Kinesiology** or *similar* major. However, other students can benefit from earning this degree. Please consult with your Skyline Counselor.

To earn the AA-T in Kinesiology, you must:

- Complete the major requirements (**22 - 24 units**) -see below
- Complete 60 CSU transfer units (includes the GE and major requirements)
- Obtain a minimum grade point average of 2.0
- Obtain a “C” grade or better for each course applied to the major
- Complete the **CSU General Education Breadth** or **IGETC (CSU)** requirements
- Up to (**15 units**) major course units may be double counted to meet general education requirements
- This degree does **not** require the Skyline Associate Degree requirements

Required Core Courses (15 units) Units

Group A (12 units)		
KINE 100	Introduction to Kinesiology	3
BIOL 250	Human Anatomy	4
BIOL 260	Human Physiology	5

Movement-Based Courses (3 units) Select three units from the following with a maximum of one (1) unit from any one area: *Combatives, Dance, Fitness, Individual Sports and Team Sports*

Group B (3 units)

Combatives

COMB 301 Wrestling, Beginning
 COMB 302 Wrestling, Intermediate
 COMB 401.1-401.4 Self Defense I-IV

Dance

DANC 121.1-121.4 Modern Dance I-IV
 DANC 130.1-130.4 Jazz Dance I-IV
 DANC 140.1-140.4 Ballet I-IV
 DANC 152.1-152.4 Cuban Roots of Salsa I-IV
 DANC 161 Tango Argentino
 DANC 162 Tango Milonga
 DANC 163 Tango Buenos Aires
 DANC 164 Tango de la Confiteria

Dance continued

DANC 165 Tango Performance Improvisation
 DANC 166 Tango de la Guardia Vieja
 DANC 167 Swing Dance I
 DANC 168 Swing Dance II
 DANC 169 Swing Dance III
 DANC 350.1 - 350.4 Cardio Dance I-IV

Fitness

FITN 116.1-116.4 Body Conditioning I-IV
 FITN 201.1-201.4 Weight Training I-IV
 FITN 314.1-314.4 Backpacking for Fitness I-IV
 FITN 334.1-334.4 Yoga I-IV
 FITN 335.1-335.4 Pilates I-IV

Individual Sports

INDV 101.1-101.4 Archery I-IV
 INDV 121.1-121.4 Badminton I-IV
 INDV 126 Coed Club Badminton
 INDV 160.1-160.4 Golf I-IV
 INDV 251.1-251.4 Tennis I-IV

Team Sports

TEAM 111.1-111.4 Basketball I-IV
 TEAM 132.1-132.4 Flag Football I-IV
 TEAM 141.1-141.4 Soccer I-IV
 TEAM 148.1-148.4 Indoor Soccer I-IV

LIST A: Select two (7-9 units)

BIOL 130	Human Biology	3
CHEM 410	Chemistry of Health Science	4
OR		
CHEM 210	General Chemistry I	5
MATH 200	Elementary Probability & Statistics	4
PHYS 210	General Physics I	4

Total units required in major area 22-24

Plus, **CSU General Education or IGETC for CSU** requirements, and additional CSU transferable elective courses as needed to reach a total of 60 units.

Advising Notes:

Students are responsible for meeting all published deadlines for both the Associate Degree and the California State University (CSU). Students are *strongly* advised to meet with a counselor early in their education to discuss transfer to a CSU with an AA-T in Kinesiology.

Note:

Catalog rights for this degree begin with the 2012 - 2013 Skyline College Catalog. Requirements for this degree are subject to change. Students are advised to consult with the Skyline College Transfer Center to determine the recency of this handout.

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