

SEIZURES

1. Lay the person flat, face turned to one side to keep airway clear and prevent choking.
2. Do not restrain person's movement.
3. Remove chairs, desks, or nearby hazards that the person may hit.
4. Protect head from injury.
5. Do not place objects between teeth.
6. Let seizure run its course and stay with the person
7. Do not panic. Usually the seizure will subside and the person will recover.
8. Call the College Nurse (x4270) or Security (x4199) for assistance.

There is no need to call 911

- If medical ID bracelet or card says epilepsy and
- The seizure ends in under 5 minutes, and
- Consciousness returns without further incident, and
- There are no signs of injury, physical distress. or pregnancy.

Use procedure for REPORTING EMERGENCIES if:

- The seizure happens in water.
 - There's no medical ID or way of knowing the seizure is epilepsy.
 - The person is pregnant, diabetic, or injured.
 - The seizure continues for more then 5 minutes.
 - A second seizure begins after the first has ended.
 - Consciousness does not return after the shaking stops.
9. After a seizure, the person may be drowsy, slow to respond, disoriented, and may require observation.
The person should be observed by the College Nurse before dismissing.

SEIZURES