CONGRUENCE
Due after student attends at least one Congruence workshop.
1. How do you define congruence?
2. How do your values shape your life? Write about time when your core values were challenged.

COLLABORATION
Due after student attends at least one Collaboration workshop.
1. How do you understand collaboration?
2. In your opinion, what individual competencies (i.e., awareness, knowledge, and skills) are necessary to be an effective collaborator?
3. Discuss a challenge that you face in collaborating with a group?

CITIZENSHIP
Due after student attends at least one Collaboration workshop.
1. In your opinion, what is the practice of good citizenship at the level of the leadership development?
2. Where do you think citizenship fits in with your group process?

CHANGE
Due at the end of the Spring semester.
1. What insights have you gained about leadership and involvement from the experience as a member of a leadership academy?
2. How can leadership for the common good make a difference in our society?
3. What have been the greatest moments of the group’s work together?
4. What have been the most difficult moments of the group’s work together?
5. Anything else on your mind?